

# HIPPIE Yoga

As of September 2024

<u>Day</u>	<u>Time</u>	<u>Class</u>	<u>Techer</u>
<b>Monday</b>	9:00 AM	Take it Easy	April
	10:30 AM	Hippie Basics	April
	4:30 PM	Peace, Love and a Healthy Back	Julie
	6:00 PM	Hippie Basics	Julie
	7:30 PM	Hippie Strength	Julie
<b>Tuesday</b>	9:00 AM	Groovy Flow	April
	10:30 AM	Take it Easy	April
	6:00 PM	Hippie Basics	Ivy
	7:30 PM	Peace Frog	Ivy
<b>Wednesday</b>	9:00 AM	Hippie Strength	Monica
	10:30 AM	Peace, Love and a Healthy Back	Julie
	4:30 PM	Hippie Basics	Sarah
	6:00 PM	Groovy Flow	April
	7:30 PM	Peace Out	April
<b>Thursday</b>	9:00 AM	Hippie Basics	Sarah
	10:30 AM	Peace, Love and a Healthy Back	Sarah
	6:00 PM	Hippie Strength	Julie
	7:30 PM	Peace, Love and a Healthy Back	Julie
<b>Friday</b>	9:00 AM	Peace Frog	April
	10:30 AM	Groovy Flow	April
<b>Saturday</b>	9:00 AM	Peace, Love and a Healthy Back	Stephanie
	10:30 AM	Groovy Flow	Stephanie
<b>Sunday</b>	9:00 AM	Hippie Basics	Rebecca
	10:30 AM	Take it Easy	Rebecca
	7:00 PM	Peace Frog	Jocelyn



CLASS SCHEDULE

You must register in advance as space is limited

[www.myhippieyoga.com](http://www.myhippieyoga.com)